



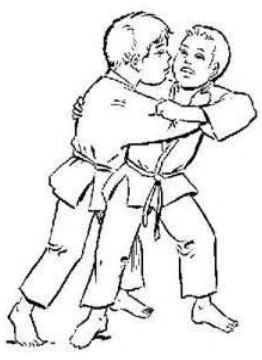



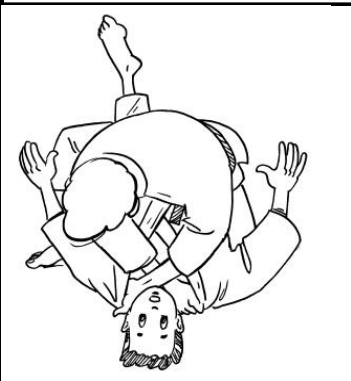
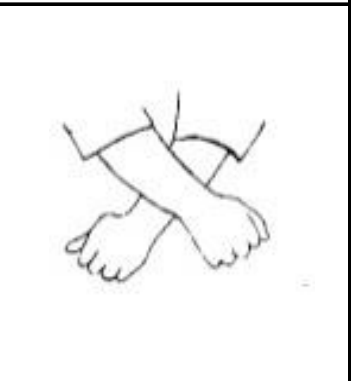
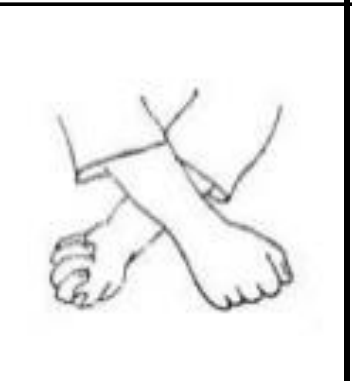



Sasae tsumi komi ashi	Tai otoshi	Okuri ashi barai	Utshi mata
			

Uki goshi	Harai goshi	ippon seoi nage	Ko soto gari
			

Position de base	Nami juji jime	Kata juji jime	Gyaku juji jime
			

sankaku jime
