



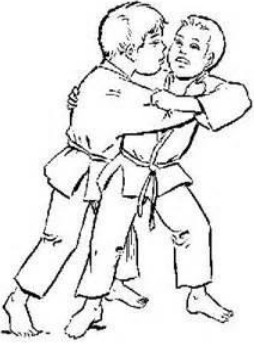





Tsuri komi goshi	O utchi gari	Ko utchi gari	De ashi barai
			

Uki goshi	Harai goshi	ippon seoi nage	Ko soto gari
			

ushiro kesa gatame	Kata gatame	Kami shiho gatame	Kuzure kami shiho gatame
A line drawing showing a person in a white gi performing a back headlock on another person lying on their back. The attacker is positioned behind the victim, with one arm around the victim's head and the other around their neck.	A line drawing showing a person in a white gi performing a shoulder immobilization on another person lying on their back. The attacker is positioned over the victim's shoulder, with one arm around the victim's head and the other around their neck.	A line drawing showing a person in a white gi performing a four-limbed restraint on another person lying on their back. The attacker is positioned over the victim's chest, with both arms around the victim's neck and both legs around the victim's waist.	